

Mad About Swing's 2020 Schedule (altered from the original plan)

A Guide to the 7.30pm Fundamentals classes:

*Groove/Triples (first 2 Tuesdays of each month) – always suitable for complete beginners. If it's your first time, these are the classes to attend first!

** Lindy Charleston – Suitable for complete beginners but a little trickier than Groove and Triples.

*** Core Triples – designed to follow on from the preceding Triples classes. Don't attend these classes without having the Triples classes under your belt.

4 th Feb	11 th Feb	18 th Feb Half Term	25 th Feb	
Triples*	Triples*	Core Triples***	Core Triples***	←7.30pm class
<p>February's 2nd class theme: Let's Speed Things Up!</p> <p>This month we'll be tackling technique for dancing to speedy tempos. When the music's fast, you have the obvious options of reverting to Groove, Charleston or Balboa or simply 'sitting this one out'. In these classes, we're aiming to give you the skills to keep your triple steps rolling and continue to S.T.F.O.</p> <p>Are these classes for me? With a technique-focus, these classes will be challenging and geared towards competent social dancers with secure triple-step footwork. If you've only ever done the first class, this is NOT the month to transition to mightier things.</p>				←8.40pm class

3 rd Mar	10 th Mar	17 th Mar	24 th Mar	31 st Mar
Groove*	Groove*	Lindy Charleston**	Lindy Charleston**	Triples*
<p>March's 2nd class theme: Developing the Swingout Arsenal</p> <p>So, you're comfortable with the three core triple step moves (the basic, the swingout and circle) but what's next? As a leader, you'll learn key variations to deliver the swingout in a variety of different ways. By adding turns, breaks and texture, you'll have a wealth of new material. As a follower, you'll discover how to follow these variations effectively and confidently.</p> <p>Are these classes for me? You need to be comfortable with your triple step fundamentals. If you've only ever done the first class but fancy tackling a higher level, this is a good month to ascend. However, you should be able to social dance the three core triple step moves (the basic, swingout and circle) with some confidence.</p>				

7 th April	14 th April	21 st April	28 th April	
<p>Easter Break</p> <p>Classes return on Tuesday 14th April.</p>	Triples*	Core Triples***	Core Triples***	←7.30pm class
	<p>April's 2nd class theme: TBC</p> <p>This month's theme is yet to be confirmed but we're toying with the idea of teaching a beginner-friendly Shim Sham block (The Shim Sham is a popular Lindy Hop stroll that is danced without a partner). This will be dependent upon demand. There's also the possibility of teaching this block downstairs with a DJ and social dancing upstairs as an alternative. Watch this space!</p>			←8.40pm class